

## What Do I Bring

The following items should be brought for the kayak portion of the trip:

Windbreaker

Shorts: preferably quick drying nylon

Long sleeved non-cotton shirt (polypropilene, capilene, wool or fleece)

Footwear that can get wet

Sunscreen

Hat

Sunglasses

Lunch or snacks

Quart size water bottle (full)

Binoculars - if available .

If you are going to be on a sit-on-top kayak, you might wear your swimsuit under your clothes to facilitate changing clothes quickly.

**Camping pack list:** In addition to above

Sleeping bag and Sleeping pad

Tent

Flashlight (spare batteries)

Eating utensils- one bowl, cup, fork and spoon

Wool socks

Warm hat - consider a windproof hat if you tend to get cold

Hiking shoes

Swimsuit

Towel

Toiletries

Book and/or journal

Cooking gear

Firewood-is not to be gathered on the Point Reyes Peninsula-  
please bring your own or we have it for sale